



Project Lifeline: Suicide Prevention

Lee Ann Hamilton, MA, CHES
Melanie Fleck, MPH

Health Promotion & Preventive Services

Campus Health Service



Have you ever met with a student
who said....

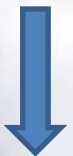
And you wondered...?

Campus Health Service

- Suicide
 - 10th leading cause of death in the US
 - 2nd leading cause of death among college students
- Many students today come to college with :



Depression/anxiety/mental health issues



Coping skills

Campus Health Service



- 2012
 - 6% of UA students seriously considered suicide
 - 1% attempted suicide

Often, with the help of others,
suicide is preventable

Campus Health Service



- QPR=Question, Persuade, Refer
- Internationally recognized interactive “gatekeeper” training program
- 2 Workshops coming up for Academic Advisors
 - Tuesday, September 18th 9-11am
 - Tuesday, November 15th 9-11am
- Location: Career Services in SUMC

Campus Health Service



- If you want to learn how to ask “the question” and maybe save a life...
- Contact Roxie Catts

Campus Health Service



- Located in the Highland Commons Bldg. near 6th St. and Highland
- Open Monday – Friday
- Hours: 8am – 4:30pm (Wed. Open at 9am)
- Don't need health insurance to be seen
- Most visits are \$20 co-pay
- All charges can be put on Bursar's account
- Confidential & quality care

Highland Commons Building



Services Offered

- Doctors, nurse practitioners, nurses
- X-ray, laboratory, pharmacy
- Women's Health (gynecology)
- Urgent Care
- Counseling and Psych Services (CAPS)
- Physical Therapy
- Nutrition Education

More Services

- Oasis Program Against Sexual Assault & Relationship Violence
- Sports Medicine
- Acupuncture
- Massage Therapy
- Immunization Clinic
- Travel Clinic
- Health Promotion and Preventive Services



Lee Ann Hamilton, MA, CHES

Assistant Director

Health Promotion & Preventive Services

(520) 621-4967

hamilton@health.arizona.edu

**Located in Highland Commons
Building, 3rd Floor**