Project Lifeline: Suicide Prevention

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Health Promotion & Preventive Services

www.health.arizona.edu
Campus Health Service

Have you ever met with a student who said....

And you wondered...?
Campus Health Service

• Suicide
  – 10th leading cause of death in the US
  – 2nd leading cause of death among college students

• Many students today come to college with:
  
  ‣ Depression/anxiety/mental health issues
  ‣ Coping skills
2012
- 6% of UA students seriously considered suicide
- 1% attempted suicide

Often, with the help of others, suicide is preventable
Campus Health Service

• QPR=Question, Persuade, Refer
• Internationally recognized interactive “gatekeeper” training program

• 2 Workshops coming up for Academic Advisors
  – Tuesday, September 18th 9-11am
  – Tuesday, November 15th 9-11am

• Location: Career Services in SUMC
Campus Health Service

• If you want to learn how to ask “the question” and maybe save a life...

• Contact Roxie Catts
Campus Health Service

- Located in the Highland Commons Bldg. near 6th St. and Highland
- Open Monday – Friday
- Hours: 8am – 4:30pm (Wed. Open at 9am)
- Don’t need health insurance to be seen
- Most visits are $20 co-pay
- All charges can be put on Bursar’s account
- Confidential & quality care

www.health.arizona.edu
Highland Commons Building
Services Offered

- Doctors, nurse practitioners, nurses
- X-ray, laboratory, pharmacy
- Women’s Health (gynecology)
- Urgent Care
- Counseling and Psych Services (CAPS)
- Physical Therapy
- Nutrition Education
More Services

• Oasis Program Against Sexual Assault & Relationship Violence
• Sports Medicine
• Acupuncture
• Massage Therapy
• Immunization Clinic
• Travel Clinic
• Health Promotion and Preventive Services
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Located in Highland Commons
Building, 3rd Floor