

UPAC Agenda
November 13, 2024
8:45 AM -10:00 AM

[Watch the meeting recording](#)

Welcome: UPAC Co-Chairs

8:45 am to 8:50 am: Community Check-in

At the beginning of each UPAC meeting. We will take 5 minutes to breakout into Breakout Room with group of 4-6 other folks for a monthly check in. This is an opportunity to connect and building community.

8:50 am to 9:05 am: **Updates and Announcements:** Sharon & Nicole

- Lunch and Learn, November 26 with Jackie Rindone
Compassionate Directness: Navigating Challenging Advising Conversations
Zoom Link: <https://arizona.zoom.us/j/82488650918>
- General Education Refresh Survey has closed. An official report will be developed and circulated to the advising community.
- The Office of General Education has convened a committee to work on civic learning within the GE program. Dr. Allison Ewing Cooper is representing the advising community on this committee. The committee will ask the community for thoughts and ideas on how best to incorporate this valuable topic.
- Undergraduate Research has gone through a few changes and will be transitioning to Undergraduate Education. At least two new roles are expected to be hiring. There may be a future presentation on UR and how advisors can connect their students to this resource.

9:05 am to 9:20 am: **Bachelor of Science in Nursing application update:** Stephanie Hanson

The BSN program is switching to a direct admission model starting in fall 2025 (for students admitted to spring 2026), a transition from it's historically competitive model. Download the [presentation slides here](#).

9:20 am to 9:50 am: **Advisor Wellness – Mindy-Body Soft Belly Breathing:** Ryan Daily, CALES Director of Student Wellness Initiatives

Ryan shared research and benefits for mind and body wellness and we practiced these skills together as a group. Find his [presentation here](#).

Adjourn

Join us via ZOOM: <https://arizona.zoom.us/j/81752063228>

- Please virtually log in with your first and last name so we can track your attendance.

UPAC Co-Chairs for 2024-2025 school year

- Debra Armand-Cade – darmandcade@arizona.edu
- Juliana Lincoln – julianalincoln@arizona.edu
- Serena Valle – ssvalle@arizona.edu
- Emily Bonney – eburruel@arizona.edu

*To request to present at a future UPAC meeting, please email the UPAC Co-Chairs

**To get added to the UPAC listserv and receive UPAC emails, email the [Advising Resource Center](#) (ARC) at advising@arizona.edu

***UA Advisors can send relevant emails to the UPAC listserv by emailing:
UPAC@list.arizona.edu