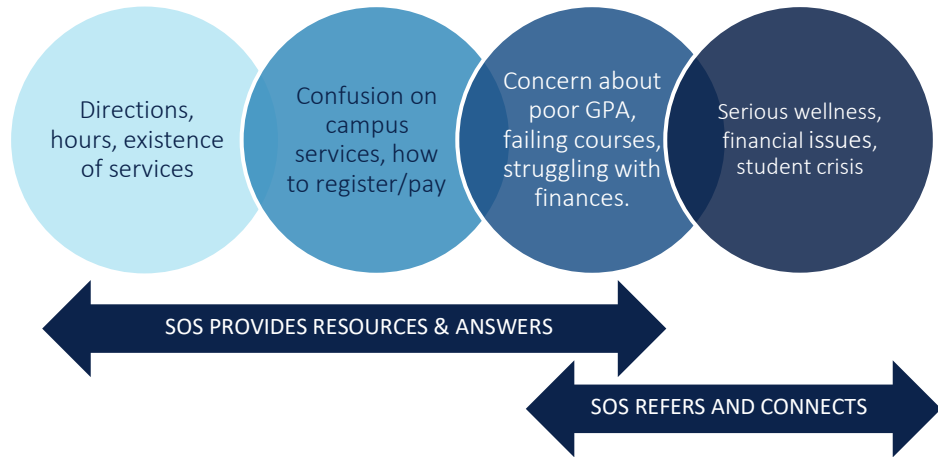




SOS serves to answer questions, help community members find resources, and connect individuals to those who can help them. SOS will help anyone in the Arizona community, with a focus on helping students.



There are many supports for students at the University of Arizona, and those range from very basic needs and questions to students in crisis. Connecting students to the right resource is the goal of SOS.

### WHY SOS

Research shows that students feel a stronger sense of belonging at an institution when there is a central place they can go for help, rather than remembering many different departments.

### THE IMPORTANCE OF ASKING FOR HELP

Students who ask questions or ask for help with a problem are more successful.

Encourage students to ask for help when they need it, or when they aren't sure if they need it. The University of Arizona wants students to be successful, so programs like SOS were designed to help any student with anything. There are resources to meet a huge variety of student needs, and it would be difficult for students to find absolutely everything on their own.

Students who ask for help will be more successful. You don't have to do this all alone, there are staff and students who can help you/ want you to be successful at the University of Arizona. Asking for help, with anything, shows that you care about your education and Arizona experience.

WHAT SOS DOES	WHAT SOS DOESN'T DO
Answer questions	Academic Advising
Explain Arizona processes	Counseling
Ensure students are connected with the right people/departments to find resolution	Interfere in other department processes
Communicate trends in student issues to administrations/departments	Financial Aid Counseling
Outreach via emails (Wildcat Connections) and text messages	
Have you received a "Hey Wildcat, it's Jenny with SOS?" text?	

Text SOS to 97779  
 Call 520-621-2327  
[Sos@arizona.edu](mailto:Sos@arizona.edu)  
 Chat at [sos.arizona.edu](https://sos.arizona.edu)

